



# Welcome to Busting with Life Dragon Boat Team

Welcome to Busting with Life!

We are pleased to welcome you to the team, please take a moment to complete this new member's registration pack.

Please return this completed form, along with:

Your proof of diagnosis  
and  
"Fit to Paddle" Medical Certificate

to [infobwl96@gmail.com](mailto:infobwl96@gmail.com) Once again, we look forward to having you as part of the team.



## New Member's Information

### **New Member**

First Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

### **Next of Kin**

First Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

### **About You**

Any Medical Conditions we should know about?

\_\_\_\_\_  
\_\_\_\_\_

Any Allergies we should know about?

\_\_\_\_\_  
\_\_\_\_\_

Do You Hold a Current First Aid Certificate?

Yes

No



# Comittement to Busting with Life

## **Our Mission**

- To compete as a sports team in dragon boat racing
- To raise breast cancer awareness and to demonstrate that women/men living with breast cancer can lead full and active lives

As a paddling member of Busting with Life I commit to the following

## **Organisational Commitments**

- I recognise that I am an advocate for our mission and message and will undertake to promote the objectives of our organisation whenever possible
- I understand this is a volunteer-run organisation and I am prepared to participate and to support the organisation in any way I can
- I understand that I cannot expend any funds on behalf of Busting with Life without prior approval of the committee
- I will respond appropriately and in a timely fashion to communications from the organisation

## **Team Obligations**

- I understand that as part of a team I have the responsibilities to my team-mates and will contribute to a positive environment on the boat
- I understand and am aware I should be able to swim 50 metres in accordance with the Dragon Boat Regatta Rules
- I recognise that fitness is a year-long, lifetime commitment. To prepare for the paddling season, I will undertake all training as set by the coaching staff
- I will attend a minimum of 80% of all practices and notify the captain when I cannot attend. This includes the fitness/swimming schedule as determined at the start of the season
- I will notify my captain if I am unhappy with any aspect of the team or its organisation and if I can no longer paddle for any reason
- When in team uniform, members are expected to exercise a high standard of behaviour and act with decorum, always remembering the team's responsibilities to Sponsors. Our team image should never be compromised. To this end the team environment is non-smoking and smoking is not permitted whilst in team uniform

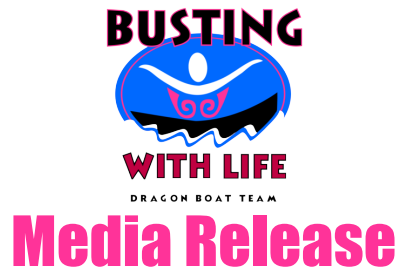
## **Medical Considerations**

- The coach has the right to exercise his/her judgement to stand down a team member from training or competing if in his/her view the member is unfit to participate or has not attended sufficient training sessions as specified
- I am aware I must produce a current medical certificate when requested by the coach/captain. This certificate should also indicate that I am a breast cancer survivor
- I will notify the coach and my personal physician if I experience any unusual medical problems
- Should I need further treatment for my breast cancer, I will discuss the implications of paddling with my oncologist and coach/captain

I \_\_\_\_\_ agree to comitt to being an active paddler and member of Busting with Life Dragon Boat Team for the 2023 Season; and agree to abide by the Busting with Life constitution at all times.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_



*Busting with Life Dragon Boat Team (BwL) request permission to use photographs and or videos and any interview statements or testimonials team members make for editorial, marketing and educational purposes in BWL publications and digital media, including grant applications, reports, newsletters, websites and social media pages.*

*Members understand there will be no financial compensation for either their time or the use of the media outlined above.*

*Members understand they do not own the copyright of the materials, which may be used without restriction, unless specified below.*

**Instaces that I do not wish for my Image to be used:**

---

---

---

---

---

**I \_\_\_\_\_ hereby grant the Busting with Life Dragon Boat Team (BwL) permission to use photographs and or videos of me and any interview statements or testimonials I make for editorial, marketing and educational purposes in BWL publications and digital media, including grant applications, reports, newsletters, websites and social media pages; except in specific instances noted above.**

**Signed** \_\_\_\_\_

**Date** \_\_\_\_\_

**BUSTING**



**WITH LIFE**

DRAGON BOAT TEAM

## Contact Sharing

Busting with Life requests the permission to share team member's contact details with other members of the team for the purposes of communication and organisation of the team.

I \_\_\_\_\_ hereby grant the Busting with Life Dragon Boat Team (BwL) permission to share my contact details for the purposes detailed above.

Signed \_\_\_\_\_

Date \_\_\_\_\_